

JCC South Gym Schedule Fall/Winter/Spring 2011-2012

| SUN. | MON. | TUES. | WED. | THURS. | FRI. | SAT. |
|--|---|---|---|--|---|---|
| Gym Opens at 7am | 5:30-9am open gym for fitness, pool, teen and adult basketball members | 5:30-9am open gym for fitness, pool, teen and adult basketball members | 5:30-9am open gym for fitness, pool, teen and adult basketball members | 5:30-9am open gym for fitness, pool, teen and adult basketball members | 5:30-9am open gym for fitness, pool, teen and adult basketball members | Gym Opens at 7am |
| 7-8am open gym for fitness, pool, teen and adult basketball members | | | | | | 7-9am open gym for fitness, pool and teen basketball members |
| 8am-noon JCC / Empire Baseball Sunday Program | 9am-2:45pm JCC Mini Gym Sports Program / Rodeph Sholom School | 9am-2:45pm JCC Mini Gym Sports Program / Met.Montessori School | 9am-2:45pm JCC Mini Gym Sports Program / Rodeph Sholom School | 9am-2:45pm JCC Mini Gym Sports Program / Rodeph Sholom School | 9am-2pm JCC Mini Sports Program | 9am-12:30pm Saturday Morning Partners |
| | | | | | 2-5pm JCC After School Sports program | |
| Noon-7 pm open gym for fitness, pool, teen and adult basketball members | 3-6pm JCC After School Sports Program | 3-6pm JCC After School Sports Program | 3-7pm JCC After School Sports Program | 3-6pm JCC After School Sports Program | 5-9:30pm open gym for fitness, pool, teen and adult basketball members | 12:30-9:45pm open gym for fitness, pool, teen and adult basketball members |
| 7pm to 9:45pm Jzog | 6-10:45pm open gym | 6-10:45pm open gym | 7-10:30pm JCC Men's Basketball League | 8-10:50pm open gym for fitness, pool, teen and adult basketball members | | |
| Gym Closes at 9:45pm | | | | | Gym Closes at 9:45pm | Gym Closes at 9:45pm |
| Valid JCC Fitness, Pool, Teen and Adult Basketball Membership Card Required for Admittance. Guests Permitted with Valid JCC Guest Pass Only. Guest Passes may be purchased at the membership office during regular business hours (office closes early on Friday and is closed on Saturday) | | Please Refrain from eating and drinking on the Gym Floor. The more care you show for the gym floor, the less time we will need to close the gym for floor repairs. ----- For Schedule Updates Please Visit www.jccmanhattan.org/healthclub | | Bold and Shaded Times Indicate that the gym is closed for programming | |  |