

JCC North Gym Schedule

Fall/Winter/Spring 2011-2012

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
Gym Opens at 7am	5:30-9am open gym for fitness, pool, teen and adult basketball members	5:30-9am open gym for fitness, pool, teen and adult basketball members	5:30-9am open gym for fitness, pool, teen and adult basketball members	5:30-9am open gym for fitness, pool, teen and adult basketball members	5:30-9am open gym for fitness, pool, teen and adult basketball members	Gym Opens at 7am
7-8am open gym for fitness, pool, teen and adult basketball members						7-9am open gym for fitness, pool and teen basketball members
8am-noon JCC / Empire Baseball Sunday Program	9am-2:30pm JCC Nursery School Playtime	9am-2:45pm JCC Nursery School Playtime	9am-2:45pm JCC Nursery School Playtime	9am-2:30pm JCC Nursery School Playtime	9am-2pm JCC Nursery School Playtime	9am-12:30pm Saturday Morning Partners
					2-5pm JCC After School Sports program	
Noon-7 pm open gym for fitness, pool, teen and adult basketball members	2:30-6pm JCC After School Sports Program	3-6pm JCC After School Sports Program	3-6pm JCC After School Sports Program	2:30-6pm JCC After School Sports Program	5-9:30pm open gym for fitness, pool, teen and adult basketball members	12:30-9:30pm open gym for fitness, pool, teen and adult basketball members
	6-7pm Special Olympics			6-8pm Open Gym		
Gym Closes at 9:45pm	7-10:30pm open gym for fitness, pool, teen and adult basketball members	6-10:30pm open gym for fitness, pool, teen and adult basketball members	6-10:30pm JCC Men's Basketball League	8pm-Midnight Israeli Dance	Gym Closes at 9:30pm	Gym Closes at 9:30pm
Valid JCC Fitness, Pool, Teen and Adult Basketball Membership Card Required for Admittance. Guests Permitted with Valid JCC Guest Pass Only. Guest Passes may be purchased at the membership office during regular business hours (office closes early on Friday and is closed on Saturday)			For Schedule Updates Please Visit www.jccmanhattan.org/healthclub		Bold and Shaded Times Indicate that the gym is closed for programming	
						